LANGUAGE LEARNING VOCABULARY & FLASHCARD TRACKER

CEFR FLUENCY FRAMEWORK (A1-C2), SPACED REPETITION VOCABULARY RETENTION & CONVERSATIONAL MASTERY

TARGET LANGUAGE: _____ **CEFR LEVEL:** [ ] A1 [ ] A2 [ ] B1 [ ] B2 [ ] C1 [ ] C2 **DAILY WORDS GOAL:** _____ **STUDY MONTH:** _____

VOCABULARY COUNT	FLASHCARD SYSTEM	DAILY IMMERSION	CONVERSATIONAL SYNC
_____ Active Words Memorized	_____ Cards in Spaced Repetition	30+ Min Listening / Reading	[ ] Weekly Native Speaker Chat

DATE	TARGET LANGUAGE WORD / PHRASE	PART OF SPEECH	NATIVE DEFINITION / TRANSLATION	CONTEXTUAL EXAMPLE SENTENCE	RECALL: D1 D3 D7 D14 D30	DONE	DECK
____/____		n / v / adj / m / f			[ ] [ ] [ ] [ ] [ ]	[ ]	#01
____/____		n / v / adj / m / f			[ ] [ ] [ ] [ ] [ ]	[ ]	#02
____/____		n / v / adj / m / f			[ ] [ ] [ ] [ ] [ ]	[ ]	#03
____/____		n / v / adj / m / f			[ ] [ ] [ ] [ ] [ ]	[ ]	#04
____/____		n / v / adj / m / f			[ ] [ ] [ ] [ ] [ ]	[ ]	#05
____/____		n / v / adj / m / f			[ ] [ ] [ ] [ ] [ ]	[ ]	#06
____/____		n / v / adj / m / f			[ ] [ ] [ ] [ ] [ ]	[ ]	#07
____/____		n / v / adj / m / f			[ ] [ ] [ ] [ ] [ ]	[ ]	#08
____/____		n / v / adj / m / f			[ ] [ ] [ ] [ ] [ ]	[ ]	#09
____/____		n / v / adj / m / f			[ ] [ ] [ ] [ ] [ ]	[ ]	#10
____/____		n / v / adj / m / f			[ ] [ ] [ ] [ ] [ ]	[ ]	#11
____/____		n / v / adj / m / f			[ ] [ ] [ ] [ ] [ ]	[ ]	#12
____/____		n / v / adj / m / f			[ ] [ ] [ ] [ ] [ ]	[ ]	#13
____/____		n / v / adj / m / f			[ ] [ ] [ ] [ ] [ ]	[ ]	#14

WEEKLY IMMERSION AUDIT: Podcasts / Audio: _____ Hrs | Reading: _____ Pages | Conversation Exchange: _____ Mins | Anki Reviews: _____ Cards

GOLDEN FLUENCY RULE: Learn vocabulary in complete natural sentences, never isolated lists! Favorite Idiom: _____